



# TECHNIQUE

LECHVISTE

## TUESDAYS

May 2nd - May 30th

*An 5-week program with a 5:1 coach skater ratio instructed by USC Professional coaches. Each week there will be a new focus; Jumps & Spins, Patterns & Posture, Edges & Turns, Stroking and Power, and Creative Performance and Field Moves. Come round out your skills ! **ONLY \$175***

**5:00 - 6:10 PM:** For SeniorStar U13 skaters

**6:20 - 7:30 PM:** For IntroStar and JuniorStar skaters

**7:40 - 8:50 PM:** For Senior O13/Advanced skaters

*\* Maximum 30 skaters/session*

*\* No private lessons during these sessions*

**JUMPS & SPINS - PATTERNS & POSTURE - EDGES & TURNS  
STROKING & POWER - CREATIVE PERFORMANCE & FIELD MOVES**